

*The*  
**FALKLAND  
ARMS**

# GLUTEN FREE MENU

## *While you wait*

Mixed marinated olives - v	4.75
Chipolata sausages in a honey mustard glaze	4.75

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## *Starters and Sharers*

Sautéed oyster mushroom with shallots, garlic and parsley butter on toasted bread - v	7.50
Homemade soup of the day with toasted bread - v	5.95
Baked Camembert with honey and rosemary served with toasted bread and roast garlic jam - v	12.95
Fish board of smoked salmon, tiger prawns, salt and pepper squid, beer battered fish goujons served with tartare sauce and grilled lemon	17.95

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## *Mains*

6oz Beef burger with spicy tomato chutney on a toasted bun, lettuce, tomato, crunchy summer slaw and fries - <i>Add on Cheddar, bacon and blue cheese for 1.00 each</i>	11.95
Fish of the day in a Wadworth 6X Gold beer batter served with chips, mushy peas, lemon and tartare sauce	13.95 / 8.95
Home-cooked honey glazed ham with free-range fried eggs, slow roasted tomato and chips	12.50 / 8.50
Caesar salad of romaine lettuce, vegetarian cheese and free-range egg - v <i>Add chicken and bacon for 4.00</i>	10.75
Ballotine of chicken filled with roasted red pepper, goat's cheese and spinach, wrapped in bacon served with garlic parmentier potatoes, seasonal greens and a pesto cream	15.50
Pan-seared duck breast with sweet and sour rhubarb, sauté Jersey Royal potatoes and sesame dressed asparagus	19.50
Thai green chicken and coconut curry served with steamed basmati rice and oriental chilli crackers	13.50 / 8.75

## Sides

Beer battered onion rings - v	3.75	Fries - v	3.50
House salad - v	3.50	Crispy rosemary sea salt potatoes - v	3.75
Chips - v	3.50	Seasonal vegetables - v	3.50

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## Sandwiches

Please ask for today's bread selection and then choose from the fillings below

Fish goujons with lettuce and tartare sauce	7.75
Mozzarella, sun-blushed tomato, pesto and rocket - v	7.25
Home-cooked ham and mature Cheddar with tomato and watercress	8.25

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## Puddings

All puddings 6.50

- Homemade chocolate fudge brownie with walnuts, chocolate sauce and vanilla ice-cream - v
  - Choose 3 scoops from our ice-cream and sorbet selection, ask us for more details - v
  - Sticky toffee pudding with rich toffee sauce and vanilla ice-cream - v
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## Hot Drinks

Americano	3.00	Flat white	3.25
Cappuccino	3.25	Hot chocolate	3.50
Latte	3.25	Pot of tea	3.00
Espresso	2.75	Speciality tea	3.10
Double espresso	3.25	Mocha	3.50

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**Seasonal daily specials are always available ask us for more details**

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(v) = vegetarian option. (vg) = vegan option. All weights are approximate before cooking. All food is prepared in our kitchen where nuts, gluten and other allergens are present. Processes and training are in place to ensure that gluten-free meals on our gluten free menu are gluten-free. Our menu descriptions do not include all ingredients.

**IF YOU HAVE A FOOD ALLERGY PLEASE LET US KNOW BEFORE ORDERING.**

Full allergen information is available upon request. Fish dishes may contain small bones. We aim to support local farmers and growers from the Assured Food Standards Association. 0617/1.

